

# **Temporary Crown and Bridge Care**

You are in the process of having a crown or bridge permanently cemented to your teeth. The crowns will enable us to re-establish function and aesthetics. You have also received a temporary crown which serves many functions such as keeping the space in between the crowns the same as it was during the impression, and also providing a sedative filling to decrease the chances of sensitivity. Please follow these guidelines until the permanent crown is placed.

## Chewing

The crown in your tooth is temporary. It is possible to dislodge the temporary crown from your mouth. Please take care to not eat excessively hard or sticky foods which may crack or even pull off your crown.

## Sensitivity

The purpose of the temporary crown is to provide a barrier to anything that may cause sensitivity. While we take much time and effort to make the temporary crown fit the best possible, the contours of the crown are not as ideal as the permanent restoration so it may be bothersome to your tissue.

### Color

The color of the plastic crown is not a perfect match to your existing teeth. Care was taken during the first crown appointment to select an ideal shade for your permanent crown.

### Precautions

Do not brush and floss vigorously around the temporary crown. When flossing pull the floss out from the side rather than pulling it back out from the top of the tooth like you would floss normally.

If the temporary crown comes off please call us as soon as possible. If left out, your surrounding teeth can drift causing the permanent crown to not fit as well as it would have otherwise. DO NOT put superglue in the crown and try to put it back in. Even if you are not able to make it in, please call and we can tell you what to use.

It is important to remember that this crown is temporary. It is possible to have decay form around the margins of the temporary crown over a prolonged amount of time, meaning months. Even if your bite feels great and it is not aesthetically unpleasing, you need to keep you final appointment to cement your permanent crown.