



## **Crown and Bridge Care**

You have just received a crown or bridge permanently cemented to your teeth. The crowns enable us to re-establish function and aesthetics. We only use the best labs in the country in our office, so we expect nothing but the best. Please observe the following guidelines to achieve many years of service out of your new teeth:

### **Chewing**

Do not eat anything hard around the area of the crown for 24 hours as the cement may still be setting.

### **Sensitivity**

You may experience sensitivity to hot or cold for up to 4 weeks. This sensitivity will gradually disappear. Though uncommon, it is possible for sensitivity to last past 4 weeks. Please let us know if this occurs.

### **Preventative Procedures**

Brush and floss after eating and before bedtime.

Use a fluoride mouth rinse daily, such as ACT.

Use fluoride gel and prescription toothpaste as prescribed by the dental office.

### **Recalls**

It is important to maintain your 6-month recall exams and cleanings for many reasons. There are times when fillings or crowns may develop problems which can be found early and corrected much more easily, and more cost-effective, than waiting for a problem to develop.

Please call us if you experience anything of concern including, but not limited to, the following:

Feeling movement of the crown

Broken piece of the restoration

Spontaneous pain or sensitivity past the 4 week period